



Message from the Principal



I would like to start by thanking staff, students and parents for all their support through this half term. I am sure we are all appreciating the lighter mornings and evenings – a definite sign that spring is on the way.

Please take some time to read about what staff and students have been up to this half term. As always, it has been a busy one with lots to celebrate. We are delighted to be partnering with external organisations to provide a wide range of enrichment experiences for our students. Inside you will read about our links to the Curve Theatre, Leicestershire Cricket Club and Friends of Wash Brook Nature Reserve. Looking further afield, our students have visited the Houses of Parliament in London, and we were thrilled to host the National Theatre Touring company a few weeks ago.

We continue to ensure our students receive a broad and inclusive education by recognising and celebrating people of all faiths, backgrounds and experiences. Assemblies this term have looked at adoption, World Hijab Day, Lent, Children's Mental Health, and Disability Awareness.

Our college is a successful one because of the high expectations we have of our students both in the classroom and outside. Please ensure that students return to school next half term compliant with the uniform requirements. Valuable learning time is lost when students do not come to school dressed appropriately and prepared for the day ahead. A reminder of our uniform expectations can be found here on the website: <https://www.sirjonathannorth.org.uk/prospective-students/key-stage-3/uniform/>

Please take note of all the support services and agencies on page 9 who are available to help you and our students over the holidays.

I wish you all a restful and peaceful half term break.

Mrs Angus

SPRING TERM 2024

College Closes	Friday 16 February
Feb Half Term	Monday 19 to Friday 23 February
College Reopens	Monday 26 February
College Closes	Friday 22 March
Easter Holiday	Monday 25 March to Friday 5 April

SUMMER TERM 2024

College Reopens	Monday 8 April
May Day Bank Holiday	Monday 6 May
College Closes	Friday 24 May
Summer Half Term	Monday 27 May to Friday 31 May
College Reopens	Monday 3 June
College Closes	Friday 12 July



CONTACT US: Knighton Lane East, Leicester, LE2 6FU | **T:** 0116 270 8116 | **E:** contactus@sirjonathannorth.org.uk
www.sirjonathannorth.org.uk

FOLLOW US ON OUR SOCIAL NETWORKS

To keep updated with of the fantastic work, events and celebrations we have at the College;

<https://facebook.com/SirJonathanNorth> <https://www.instagram.com/sirjonathannorth/> <https://twitter.com/SJNCCSchool/>

PASTORAL INFORMATION

- ⇒ **29 February** Parent Forum
- ⇒ **7 March** Yr 8 Parents' Evening
- ⇒ **13 March** Yr 6 Registration Event
- ⇒ **14 March** Yr 6 Registration Event
- ⇒ **21 March** Yr7 Parents' Evening
- ⇒ **22 March** College Closes
- ⇒ **8 April** College Reopens



MOMENTS MATTER, ATTENDANCE COUNTS!

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

“From the first day of term to the last, the small moments in a school day make a real difference to your child.”

Without a regular pattern of attendance, students struggle to maintain an effective routine and do not perform as well as their peers. The following table shows the impact of attendance on the amount of time and lessons that will be lost over an academic year.

Attendance during the school year	Equates to days absent	Which is approximately	Number of lessons missed
97%	6 days	1 week of learning	36 lessons
94%	10 days	2 weeks of learning	60 lessons
90%	19 days	4 weeks of learning	114 lessons
85%	29 days	6 weeks of learning	174 lessons
80%	38 days	8 weeks of learning	228 lessons
75%	48 days	10 weeks of learning	288 lessons
70%	57 days	11.5 weeks of learning	342 lessons
65%	67 days	13.5 weeks of learning	402 lessons

You are able to view the on-going attendance of a student through the Beehive application. Full details of the college attendance policy can be found on our website.

UNIFORM REMINDERS

Here are some key reminders for the start of the new term:

- ◆ **Pleated skirts** are to be worn to the knee (not rolled at the waist)
- ◆ Jewellery (only allowed one pair of stud earrings and a watch). Nose keepers (plastic clear nose studs) are allowed. No other jewellery.
- ◆ False lashes—need to be removed
- ◆ False nails/acrylics—need to be removed or cut down
- ◆ Natural nails—worn at an appropriate length
- ◆ Make-up—must be minimal
- ◆ Weather-proof coat—no hoodies/cardigans

GCSE PRACTICAL EXAM DATES IN EXPRESSIVE ARTS

Take Note

On the following dates students will be off timetable all day!

- ◆ **Drama year 11 practical exam** - Tuesday 12th and Wednesday 13th March
- ◆ **Music year 11 practical exam** - Tuesday 12th and Wednesday 13th March
- ◆ **Performing Arts practical exam** - Monday 8th April
- ◆ **Art year 10 practical exam** - Wednesday 10th and Thursday 11th April (group 1) Thursday 11th and Friday 12th April (group 2)

CURRICULUM NEWS

DESIGN LEICESTERSHIRE FOXES' NEW T20 KIT!!

A fantastic Lionheart Trust-wide competition has been launched, as part of the Trust's exclusive partnership with Leicestershire County Cricket Club (LCCC).

Channelling their creativity, our students have been given the opportunity to design the Leicestershire Foxes' new T20 kit for the 2025 season.

They have been provided with access to resources/templates to undertake this activity at home and have been encouraged to let their imaginations run wild, creating a bold and vibrant look for the Foxes to wear next summer. Designs can either be hand-drawn or produced on a computer.

Reminder— the deadline for submissions is the first Monday after half-term (26th February). Students should hand their entries in to Mrs Glynn.

A shortlist of 15 will then be invited to talk through their design in a 'Dragon's Den-style' format, before LCCC fans vote for their favourite at the Lionheart T20 match in June.

We are looking forward to seeing the submissions.



NATIONAL THEATRE TOUR: JEKYLL & HYDE

If you can not get to the theatre, then why not bring the theatre to us?

In January Sir Jonathan North were lucky enough to be one of the host schools for the National Theatre's secondary schools tour of Jekyll & Hyde. As the picture shows our sports hall was transformed in to a theatre for the morning and our students loved watching the production.

We look forward to welcoming back the company in March so the rest of year 9 and GCSE drama students can enjoy the performance.



CURRICULUM NEWS

GCSE CITIZENSHIP TRIP TO THE HOUSES OF PARLIAMENT

Year 10 Citizenship students recently enjoyed an eye-opening outing to the House of Parliament and the Supreme Court, immersing themselves in the heart of British democracy and justice. Amidst the grandeur of Westminster Palace, students explored the halls adorned with statues of esteemed Prime Ministers, gaining a tangible connection to the nation's political heritage. The visit to the Supreme Court provided a fascinating glimpse into the workings of the judiciary.

This educational excursion not only enriched students' understanding of the British political and legal systems but also inspired them to become informed and engaged citizens, poised to contribute meaningfully to society.



COMMUNITY HEDGEHOG EVENT

There is a Community Hedgehog Event which is being held at Lancaster Academy on Tuesday 27th February 2024 from 5.30 to 7.30pm.

Sir Jonathan North and Lancaster Academy are Hedgehog Champion Schools. Our students will have a stall at the event to showcase their hedgehog work and plans for this year.

They would love to see you if you are able to come along to all or part of the evening. Below is a link to sign up to attend:

https://www.eventbrite.com/e/free-hedgehog-community-evening-tickets-801486927977?aff=eemailordconf&utm_campaign=order_confirm&ref=eemailordconf&utm_medium=email&utm_source=eventbrite&utm_term=viewevent

Plan for the evening:

- 5:30-6:00pm – people arrive, do the quiz, get refreshments
- 6:00-6:10pm – sustainable Schools team presentation on the project
- 6:10-6:50pm – Bev's presentation - she runs a hedgehog rescue and is hoping to bring a hedgehog with her!
- 6:50 -7:30pm – tour the stalls and speak to the students/guests.

Our Eco Club has made the following 'Pledgehog' to show their plans to help hedgehogs on our site.



Free hedgehog community evening

Tuesday 27 February
5:30-7:30pm
Lancaster Academy, Knighton Ln E, Leicester
LE2 6FU

Sign up to attend here!

Quiz Refreshments

Special Guests:
Hedgehog expert Bev
Students from Lancaster Academy
and Sir Jonathan North
Friends of Wash Brook Nature Reserve



[eventbrite.com/e/free-hedgehog-community-evening-tickets-801486927977](https://www.eventbrite.com/e/free-hedgehog-community-evening-tickets-801486927977)



CURRICULUM NEWS

SPEAK UP!

On Monday 22nd January The Speak Up Team hosted their first in school event, 'The Alternative Tour' to a selected invited audience. The event was the final stage of a introduction project we have been working on since October half term, where the group took me on a tour of the school and we discussed at length what their ambitions and wishes were for many of the spaces on site. After working in smaller groups the full team created a brilliant tour which demonstrated their creativity, ambition and skills in persuasion. From turning the font garden and canopy into more engaging spaces for learning, to transforming the garden hub into a zen garden, to building an outdoor theatre on the active playground, painting a huge mural and hanging a massive globe in the W block stair well to reimagining the main hall as a green house, their ideas were outstanding and articulated with such clarity and clear reasoning on the benefits for each.

We also had some great ideas for the Dining Hall, including film clubs, an aquarium and board games to name a few. We would love to see some of these ideas come to life and leave some legacy at your school. So please feel free to contact me!

I am so proud of the team, and I know that Mrs Glynn, Miss Hilditch and the members of staff who came along on the tour are too.

We now move into our next project to be performed at Curve in July 2024 which is going to be MEGA, so keep your eyes and EARS peeled!! Did someone say 'Feminist Gig Theatre Musical that tackles bullying and stereotypes with a live band'??



We are open to hearing from anyone who has some skills we might need!! Or maybe you've got something that needs to be said on the topic? Come along and Speak UP.

Kitty Benford
Speak Up Artist Rep- Curve



BATTLE OF THE BANDS 2024

On 1st February, three bands from SJNGC made the trip to Cedars Academy to represent the school in the annual 'Battle of the Bands' competition. Last years' champions, The Blue Birds, took to the stage to open the show with high energy renditions of 'So Far Away' (Avenged Sevenfold) and 'Since You've Been Gone' (Rainbow). The sold-out theatre raised the roof in response, establishing the brilliant atmosphere that would last throughout the night.

In the second half of the show, year 9 band Ultra Violet performed their well-rehearsed and polished versions of 'R U Mine' (Arctic Monkeys) and 'Smells Like Teen Spirit' (Nirvana) and earned themselves second place overall in the juniors category. An amazing achievement, well done!

Year 10 band The Scorpios followed with two excellent performances of 'There Is a Light That Never Goes Out' (The Smiths) and 'Welcome to Paradise' (Green Day). Their performance was full of energy and musical finesse that had one of the judges in the front row singing along from start to finish!

Overall the students had a fun and memorable experience and return having represented themselves, their families and the school with maturity and class.

Looking forward to next years event!

Mr Lee and Ms Parker



LET'S DANCE

LIONHEART SCHOOLS DANCE COMPETITION

Monday 29th April 2024
The Cedars Academy



LIONHEART
EDUCATIONAL TRUST

Ticket Price: £4 each
and £3 concession/child

READING RAMPAGE



This term saw the launch of the 2024 Leicester Reading Rampage, and our Reading Rampagers' are reading their exciting books from the 10 titles sponsored by Leicester Libraries, Creative Learning Services and Whatever It Takes, to promote reading for pleasure in secondary schools.

There are about 22 Leicester and Leicestershire schools participating this year and the books have been shortlisted to include a wide range of genres and interests to read between now and May.

Students who have engaged in the challenge will be invited to a school pizza party in June and to join a virtual award ceremony to see the winning title and author if they wish.

Keep up the great work year 7 and 8 and we are looking forward to your fabulous reviews.



CREATIVE LEARNING SERVICES

A team from Creative Learning Services came on Wednesday 17th and Friday 19th January to do Booktalking.

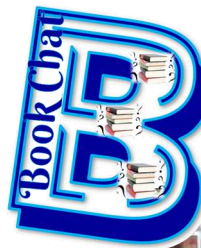


Booktalking involves book snippets from different genres and styles of writing with tempting teasers that raise the enthusiasm and motivate students leading to more reading for pleasure and greater pupil achievement.



CLS@MidlandsCLS

BOOK CHAT CLUB



Our Monthly BookChat Club continues with fantastic new titles first to see and review by the team to motivate students across the school to read.



CHILDREN'S MENTAL HEALTH WEEK



From 5th to 11th February, we observed 'Children's Mental Health Week'.

Our student display team had been busy preparing our display in the school foyer by colouring mandalas, known to help de-stress the mind; looking at books in the library which can be useful in answering all sorts of teen questions to support their mental health and wellbeing, plus thinking about their happy spaces and participating in activities offered at lunch time in the library highlighting this important issue.

Message from students about Mental Health Week:

"I really enjoyed this week! It was so much fun, and the glitter tattoos were so creative and beautiful! Thanks for your hard work this week!" Caitlin Ann.

"The activities were very amazing and I had loads of fun! I enjoyed making my mindfulness jar and making myself and others tattoos! I hope these activities continue! Thank you ever so much!!!" Jana



HELP AND SUPPORT

SIR JONATHAN NORTH GIRLS' COLLEGE

Healthy Together  **NHS** Leicestershire Partnership NHS Trust

Meet your Public Health (School) Nurse



Hi, I'm Gabriella, school nurse here at Sir Jonathan North College

When and where you can find me:
Garden Hub every Weds

Come and talk to me about:

- Emotional health
- Exam stress
- Sleep problems
- Relationships and much more...

Make an appointment by:
Talking to a member of the pastoral team or school office

HEALTH FOR TEENS  **NHS** Leicestershire Partnership NHS Trust

FEELINGS GROWING UP HEALTH LIFESTYLE RELATIONSHIPS SEXUAL HEALTH
 Everything you wanted to know, but didn't want to ask about health, relationships and growing up

WWW.HEALTHFORTEENS.CO.UK

Quizzes, facts and videos that give you the truth behind the rumours



FOLLOW US ON INSTAGRAM: @health_forteens
 FOLLOW US ON TIKTOK: @healthforteensnhs

ChatHealth
 Text a public health nurse (school nurse) for confidential advice and support:
 Leicester City **07520 615386**

Or scan the QR code to start a chat: 

This is not an emergency service. For urgent medical attention please contact your GP or call 111 or 999.

Healthy Together  **NHS** Leicestershire Partnership NHS Trust

Make time for family and friends 

Be kind to yourself 

Exercise regularly 

Help others 

Eat and drink healthily 

Accept some things can't be changed 

Get good quality sleep 

Positive steps to wellbeing

Discover more bit.ly/positivestep

HEALTH FOR TEENS  [health for teens](https://www.healthforteens.co.uk)  @health_forteens

HELP AND SUPPORT

<p>Anxiety UK is a user-led organisation that supports anyone with anxiety, phobias, panic attacks or other anxiety-related disorders. 03444 775 774 or text 07537 416 000</p> 	<p>Kooth is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop.</p> 	<p>Muslim Youth Helpline is a charity that provides free and confidential faith and culturally sensitive support services targeted at vulnerable young people in the UK. 0808 808 808</p> 	<p>Rethink Mental Illness helps those affected by severe mental illness</p> 
<p>Beat act as a champion, guide and friend to anyone affected by eating disorders, giving individuals experiencing an eating disorder and their loved ones a place where they feel listened to, supported and empowered. 0808 801 0711</p> 	<p>LifeSIGNS provide information about self-injury and support people as and when they choose to make changes in their lives. You can call any time and leave them a message on their voicemail, asking for a call back when we're open again.</p> 	<p>The National Association for Children of Alcoholics (NACOA) provide a free helpline and support service to help address the needs of children growing up in families where one or both parents suffer from alcoholism or a similar addictive problem. 0800 3456</p> 	<p>Samaritans offer a safe place for you to talk any time you like, in your own way – about whatever's getting to you. 116 123</p> 
<p>CALM (Campaign Against Living Miserably) is a helpline for young males aged 16 to 35 years, suffering from depression and low self-esteem. It offers counselling, advice and information. 0800 58 58 58 (or London based callers can dial 0808 802 5858)</p> 	<p>Mind provide advice and support to empower anyone experiencing a mental health issue. They campaign to improve services, raise awareness and promote understanding. 0300 123 3393</p> 	<p>National Self Harm Network is a forum that provides support for individuals who self harm, and for families and carers that may be affected by self harm.</p> 	<p>School Nurse The school nurse service can still be contacted by text 07520 615386 or call on 0116 215 3230.</p> 
<p>Childline provides help for anyone under 19 in the UK with any issue they're going through. 0800 1111</p> 	<p>MindEd for Families give safe and reliable advice to parents and carers about young people's mental health.</p> 	<p>OCD Action provide support and information to anybody affected by OCD. 0845 390 6232</p> 	<p>Selfharm UK (Now ALUMINA) exist in order to support and nurture young people who may be experiencing difficulties with self-harm.</p> 
<p>Ditch The Label help young people navigate through issues related to bullying, such as improving mental health, body image, coming out and building confidence and self-esteem.</p> 	<p>The Mix is the UK's free, confidential helpline service for young people under 25 who need help, but don't know where to turn. 0808 808 4994</p> 	<p>Papyrus gives non-judgemental support, advice and information for those dealing with suicide, depression or emotional distress. 08000 68 41 41</p> 	<p>Young Minds provides information, advice and training for young people, parents, carers and professionals.</p> 
<p>Doc Ready is a digital tool that helps young people to prepare and make the most out of mental health related GP visits. It helps young people to know what to expect during a GP consultation, plan what to say and record the outcomes of their appointments.</p> 	<p>Moodscope exist in order to help people to positively manage their moods.</p> 	<p>Recover Your Life (RYL) is one of the biggest and best Self-Harm Support Communities on the internet.</p> 	

WHAT'S ON IN THE COMMUNITY

KNIGHTON TENNIS CENTRE

20&21 FEB

HALF TERM HOCKEY


with Leicester City Hockey Club

Who: Year 6 - Year 9
Where: St Margaret's Pastures Sports Centre
When: 20/21 Feb 2024 - 10:00-15:00



- £35 for both days (£20 for single days)*
- Top quality, DBS checked coaches
- Age and/or ability split
- Kit available to borrow

*Low income support is available



TO SIGN UP, PLEASE SCAN THE QR CODE AT THE TOP OF THE PAGE, OR CONTACT US VIA EMAIL AT JUNIORADMIN@LEICESTERHC.CO.UK

BOXFIT WITH

MONDAYS
14.45 - 15.40

ROAR
HEALTH | FITNESS | NUTRITION

SUITABLE FOR STUDENTS AT ALL LEVELS OF ABILITIES AND FOR ANYONE WHO WANTS TO BUILD STRENGTH, IMPROVE FITNESS LEVELS, COORDINATION & BALANCE, RELEASE STRESS, BOOST CONFIDENCE AND HAVE FUN.




AFTER SCHOOL TENNIS SESSIONS!

Fridays - 14:45 - 15:45 at the Tennis Centre.

The session is run by a level 4 LTA approved coach and tutor. This is suitable for any ability and anyone who wants to give tennis a go or fine tune their skills




together everyone achieves more

HALF TERM BASKETBALL

At
English Martyrs School
Sports Hall
Mon 19th - Thurs 22nd February 2024
10am-2pm

Skills
Games
Competition
Age 10-16




Closing date to book your place 16th February 2024
Cost £5 per day.
"Open to all not registered with a Basketball club"

If your child would like to participate in this event please email teamit@hotmail.co.uk the following details, Parents name, Child full name, child DOB, School, your address & postcode, Further information contact Dave Harris
or Tel: 0116 2795117 or 07806705615