

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs in Tomato sauce Spaghetti	Chinese Chicken Curry Egg Fried Rice	Lamb lasagne Garlic bread	Pork sausages Mash Potatoes Onion Gravy	Cheese & Tomato French Bread Pizza Tomato Pasta
Option 2	Quorn Meatballs in Tomato Sauce Spaghetti	Vegetable Chinese Curry Egg Fried Rice	Vegetable Lasagne Garlic Bread	Quorn Sausages Mash Potatoes Onion Gravy	Cheese & Mixed Pepper French Bread Pizza Tomato Pasta
Sides / Served with	Seasonal Vegetables Coleslaw Salad	Seasonal Vegetables Salad	Seasonal Vegetables Salad Coleslaw	Baked Beans Seasonal Vegetables Salad Coleslaw	Baked Beans Coleslaw Salad
Dessert	Chocolate Muffin Apple Crumble & Custard	Chocolate fudge cake Butterscotch cookie	Pear & Chocolate Sponge & Chocolate Sauce Coconut cookie	Cherry shortbread Lemon Drizzle Cake	Chocolate Haystacks Ice – Cream