



# **SIR JONATHAN NORTH GIRLS' COLLEGE**

Lionheart Educational Trust

## **YOUR WELCOME BOOKLET**

**Name:**

# From primary to secondary school

Moving to a new school is an exciting time. We are really looking forward to you joining us at Sir Jonathan North College in a few months and we cannot wait to get to know you and educate you throughout your time with us. This booklet is for you to work through, to feel a little more 'ready' to start with us. At the start of the school year we aim to:

- Introduce your new teachers and support staff.
- Have assemblies with all the new year 7s
- Introduce your pastoral team, your tutor and your tutor group
- Give you a tour of the school
- Show you how the canteen works at break and lunch times.

We hope you are feeling excited about starting at Sir Jonathan North College - here you will begin a brand new journey where you will continue to build on skills that you have learned at primary school.

**WE LOOK FORWARD TO MEETING YOU**



# Welcome

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We are delighted you are joining us at Sir Jonathan North Girl's College in August 2025. We have a simple ethos here at Sir Jonathan North:

- **We are kind**
- **We work hard**
- **We work together**

Our goal is for you to be inspired and empowered to make a difference. We want our students to be strong, independent, adaptable young learners who are able to embrace challenges and to be responsible citizens.

We aim for our students to be successful both academically and personally. We want you to experience an enjoyable and memorable five-year journey with us at Sir Jonathan North. We will nurture you as you develop, to allow you to grow, expand your mind and widen your experiences; and we will challenge you and support you along the way.

We look forward to welcoming you to Sir Jonathan North Girl's College

**Helen Coles-Hennessy**  
Associate Principal

# Meet our staff

When you join us, you'll find a dedicated team of staff ready to support you every step of the way. Take a moment to get to know the friendly faces who are here to help you succeed.



**James McKenna**  
Executive  
Principal



**Helen Coles-Hennessy**  
Associate  
Principal



**Claire Greaves**  
Vice  
Principal



**Adele Montgomery**  
Year 7  
Pastoral Leader



**Marie Hatwell**  
Year 7 Assistant  
Pastoral Leader



**Ruth Jones**  
Student Support  
Manager

# Our school motto

## **WE ARE KIND, WE WORK HARD, WE WORK TOGETHER**

At Sir Jonathan North College, we believe in creating a welcoming and supportive environment where everyone feels valued. Our school is a community where we all work together to ensure it's a safe and happy place for learning.

Each of you is unique, and we celebrate that. Our focus is on community, development, and learning, helping you grow into a proud and respectful individual.

We have high expectations because we believe in your potential. Our students excel academically and grow as individuals, learning to value themselves and their community.

*What do you think these values might look like in action?*



# The 4Rs

At the heart of our educational philosophy are the '4Rs'. These core values shape everything we do and believe in at our school. On this page, you'll find each of the 4Rs explained in detail.

## RESILIENCE

Determination • Ability to bounce back • Persistence • Positivity • Effort •

## RESOURCEFULNESS

Self-motivated • Proactive • Organised • Curious • Problem-solver

## REFLECTIVENESS

Thoughtful • Reasoning • Questioning • Critical • Imaginative

## RECIPROCITY

Collaborative • Supportive • Respectful • Communicative • Approachable

Once you've read through the descriptions, can you match the word to its description?

### RECIPROCITY

To have the ability to recover quickly when the going gets tough.

### REFLECTIVE

Learning to work together and show care and understanding for each other.

### RESILIENT

Considering what needs to be done to take the next steps

### RESOURCEFUL

Having the confidence to ask for help and to find answers in new ways.

# Times of the school day

To help you get ready to start with us, take a look at the timings of the school day.

| ACTIVITY                   | TIME                                |
|----------------------------|-------------------------------------|
| <i>Students Arrive</i>     | 08.20 – 08.30 am                    |
| <b>Lesson 1</b>            | 08.30 – 09.20 am                    |
| <b>Lesson 2</b>            | 09.20 – 10.10 am                    |
| <i>Break /Registration</i> | 10.25 – 10.45 am                    |
| <b>Lesson 3</b>            | 10.45 – 11.35 pm                    |
| <b>Lesson 4</b>            | 11.35 – 12.25 pm                    |
| <i>Lunch A/B</i>           | 12.05 – 13.05 pm / 13.15 – 13.55 pm |
| <b>Lesson 5</b>            | 12.25 – 13.15 pm                    |
| <b>Lesson 6</b>            | 13.05 – 13.55 pm                    |
| <b>Lesson 7</b>            | 13.55 – 14.45 pm                    |



# Food and drink

## How will I pay for my food and drink?

We run a cashless system where you can pay with your ID card, which your parent/carer can top up on Beehive.

## What are the options for breakfast and break time?

Breakfast is served from 7:30am, offering a variety of options such as fresh fruit, bacon rolls, and croissants.

During break time, students can purchase sausage rolls, pizza, pain au chocolat, and vegetable samosas.

## Can I bring a packed lunch?

Yes, and there are lots of spaces around the school site where you can eat your lunch and catch up with friends.

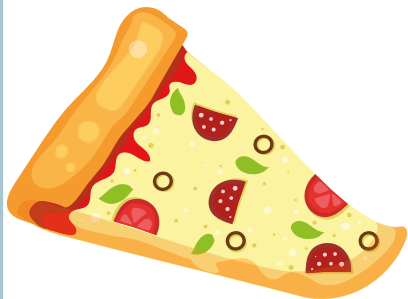
## What about Dietary Requirements?

We cater to various dietary needs, including halal, gluten-free, vegan, and dairy-free options.

## What's on the menu?

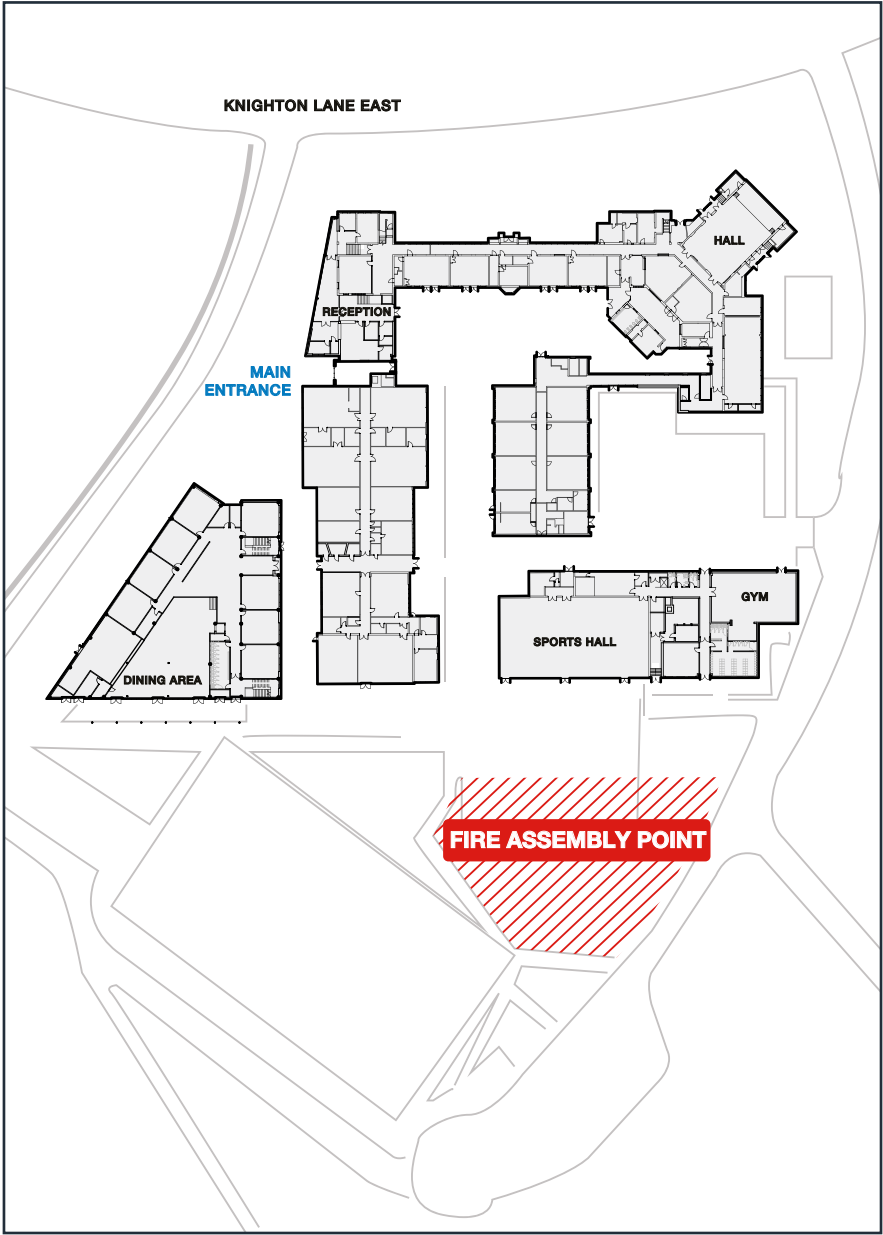


Scan the QR code to have a look at an example menu to see what might be on the menu when you start.





# School map



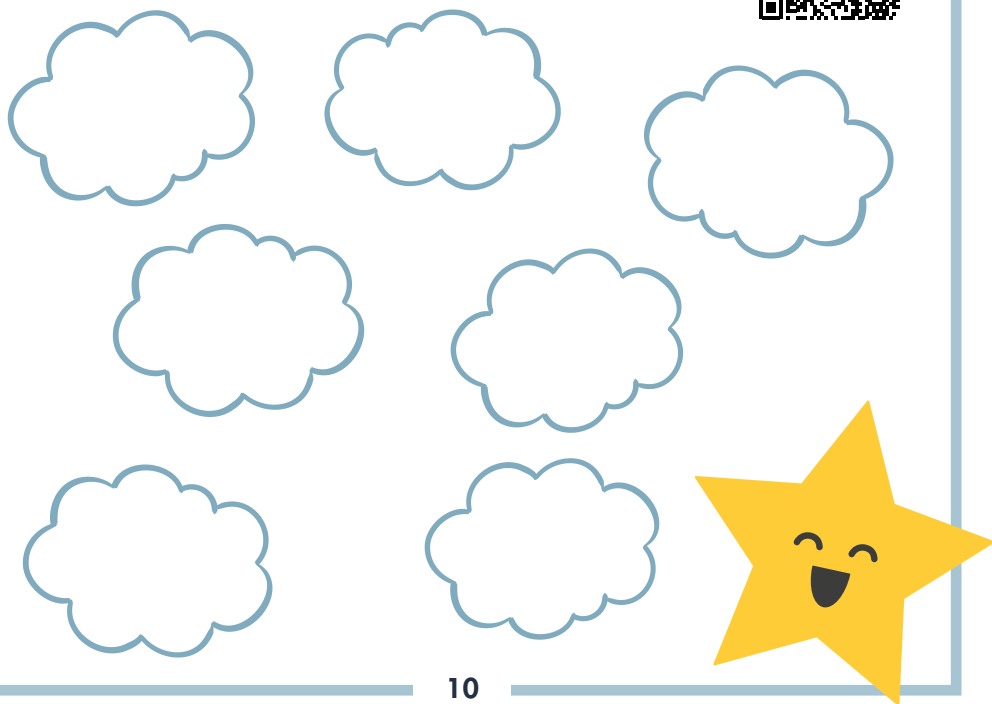
# Extra Curricular

We offer a wide range of extra-curricular clubs for students to get involved with. From building confidence in Speak Up! and the Debate and Speech Club to diving into stories with Book Chat, there's something for everyone.

Students can also stay active with sports like Trampolining, Badminton, Rugby, Tennis, and Ball Skills, or get fit with Box Fit. For those interested in the arts, we have Musical Rehearsals, Band Practice, and Art Therapy/Mentoring. Additionally, students can explore languages in the Latin Club, help the environment with the Eco Club, or develop their writing skills in the Journalism Club.

When you start with us you will be able to see all the afterschool clubs and book your place on them via Beehive.

**Scan to discover more clubs on offer, are there any you can't see that you would like?**



# My school bag

When you start Sir Jonathan North College one of the main differences is that you will be responsible for all of your equipment and you will take it home each night.

**What things do you think you should bring to school each day?**



# Poetry

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At Sir Jonathan North College we believe in learning poetry by heart. Poetry is wonderful because it broadens our horizons, teaches us about life and can turn words into emotions. And when you learn poetry off by heart it becomes a part of you. Below is a poem about resilience. Resilience is the ability to recover from something difficult and keep going. We would like you to spend some time learning this poem off by heart before you start at Sir Jonathan North College.

When you join us, we will say it together.

## ***OZYMANDIAS BY PERCY BYSSHE SHELLEY***

I met a traveller from an antique land,  
Who said—"Two vast and trunkless legs of stone  
Stand in the desert. . . . Near them, on the sand,  
Half sunk a shattered visage lies, whose frown,  
And wrinkled lip, and sneer of cold command,  
Tell that its sculptor well those passions read  
Which yet survive, stamped on these lifeless things,  
The hand that mocked them, and the heart that fed;  
And on the pedestal, these words appear:  
My name is Ozymandias, King of Kings;  
Look on my Works, ye Mighty, and despair!  
Nothing beside remains. Round the decay  
Of that colossal Wreck, boundless and bare  
The lone and level sands stretch far away."

# Moving up

***Here are a few activities that you can complete to help you get ready to start secondary school.***

- ☐ Visit the school website and have a browse to find out as much useful information as possible. You can find the website on ([www.sirjonathannorth.org.uk](http://www.sirjonathannorth.org.uk))
- ☐ Practice packing all the things you will need to take to your new school. Get in the habit of packing the night before.
- ☐ Plan the route to your new school and have a few trial runs when it's safe to do so.
- ☐ Have a look at the school map and familiarise yourself with the layout ready for your first day
- ☐ Get in the habit of going to bed early and getting up early in time to eat breakfast.
- ☐ Leave plenty of time to find out about your school uniform and order it. Make yourself aware of school policies on things like jewellery, piercings and mobile phones.
- ☐ Take some time to learn the names and faces of important people like the headteacher, your head of year, and your tutor. This way, you'll know exactly who to look for if you need assistance or guidance.

# Making new friends

You will meet lots of new people at your new school. It's normal to feel excited, nervous or a mixture of both; here are some ideas that might help:

## **Get involved**

Spend time with others at lunch and break times. Joining a club is a great way to meet new people.

## **Get to know your friends' friends.**

You can meet up in the canteen, on the walk home or you could ask your friend to introduce you to them.

## **Take the first step**

Say 'Hi' or ask how someone's day has been. Giving someone a compliment is a good way to start a conversation.

## **Be a good supporter**

Help people where you can. Just offering a smile or saying 'Hi' could help someone to feel better.

# Positive friendships

Real friends encourage you to be the best that you can be. Think about the qualities you would look for in a good friend and what might warn you that a friendship was unhelpful.

Write them in the boxes below.

## **Positive friendship**

Examples:

- Respects my opinions
- Listens to me

# Trips

At Sir Jonathan North, we offer a diverse range of trips and activities designed to enrich our students' educational experience and personal growth. Our trips span various interests and subjects, ensuring that every student has the opportunity to explore new environments, learn outside the classroom, and develop valuable life skills. Here are some of the exciting trips we offer:

- Battle of Bands Competition
- Beaumanor Hall
- Cadbury World
- Carsington Reservoir
- Cavendish Nuclear
- Conkers
- Cotton Dell-Stoke on Trent
- County Athletics
- Cultural Day
- Curve Theatre - Leicester
- De Montfort University
- Disability Athletics Track & Field Championship
- DMU Art Trip
- DMU - Attending the Stephen Lawrence Ambassador Symposium
- Globe Theatre, Macbeth
- High Adventure Outdoor Activity Centre
- Houses of Parliament
- Iceland
- King Richard III Visitor Centre
- Lancaster Academy - HedgeHog Event
- Leicester City Centre
- Leicester Tigers Ground
- LET Games Saffron Lane Stadium
- LET Pride Festival at Cedar Academy
- LET Spelling Champs Final Competition - Judgemeadow College
- Let's Dance Competition (Cedars Academy)
- Lionheart ECO Rally at Cedars
- Natural History and Science Museum, London
- Ninja Warriors
- Normandy, France
- Nottingham National Justice Museum
- Nottingham University - Encouraging Girls into Computer Science
- Oxford University
- Phoenix Arts Cinema
- Sports Fixtures
- St Mary Magdalen Church and Leicester Mosque, Baitul Ikram
- STEM Leicester University
- Stratford Upon Avon
- The Globe Theatre and the Tate Modern
- The National Holocaust Centre and Museum
- The National Space Centre
- The Natural History Museum (London)
- The Y Theatre Lionheart Speaks Oracy Event
- Twycross Zoo
- Victorian Conference - Leicester University
- Warwick Castle
- Women's International Cricket, Grace Road
- Yorkshire Wildlife Park





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