## Traditional Menu - September 22 <br> SIR JONATHAN NORTH

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MEAT 1 | Pork meat balls in a tomato sauce Served with spaghetti | Chicken \& vegetable pie with New potatoes | Lamb lasagne with Garlic bread | Pork sausages with mashed potato \& onion gravy | Chips with Chinese curry sauce or Egg fried rice |
| VEGETARIAN | Quorn balls in a tomato sauce <br> Served with spaghetti | Cheese \& potato pie with malted baguette | Vegetable lasagne with Garlic bread | Quorn sausages with mashed potato \& oinion gravy | French bread pizza with mixed peppers |
| V=CETABLES | Coleslaw Peas <br> Sweetcorn <br> Mixed Salad | Coleslaw Baked beans Sliced carrots Mixed salad | Coleslaw <br> Mixed salad <br> Broccoli <br> Sweetcorn | Coleslaw Baked beans Garden peas Mixed Salad | Coleslaw <br> Baked beans <br> Corn on the cob <br> Mixed salad |
| DESSERT | Chocolate biscuit <br> Apple sponge \& custard | Jam \& coconut sponge <br> Flapjack | Chocolate brownie <br> Butter scotch cookie | Shortbread <br> Fresh Fruit with yoghurt \& granola topping | Haystacks <br> Ice cream |
| All SET MEALS £2.34, THIS INCLUDES EITHER A PUDDING OR A DRINK. JACKET POTATOES 70P, JACKET POTATO CHEESE AND BEANS $£ 2$ <br> SANDWICHES $£ 1.70$ SALAD BAR $£ 1$ \& PASTA KING BAR AVAILABLE DAILY $£ 2$ |  |  |  |  |  |
| FRUIT \& YOGURT AVAILABLE DAILY |  |  |  |  |  |

FOR ALL ALLERGENS PLEASE ASK A MEMBER OF CATERING STAFF

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## Traditional Menu - September 22 <br> SIR JONATHAN NORTH

| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MEAT 1 | Roast chicken, mashed potates, stuffing \& gravy | BBQ chilli with paprika wedges | Lamb lasagne with garlic bread | Cheese flan Half jacket | French bread pizza: <br> - Vegetarian <br> - Chicken <br> with half jacket potato |
| VEGETARIAN | Macaroni Cheese with malted baguette | Quorn dippers with paprika wedges | Vegetable lasagne with garlic bread | Vegetable \& tomato pasta bake |  |
| V=C=TABLES | Coleslaw <br> Garden peas <br> Mixed salad <br> Broccoli | Coleslaw <br> Mixed salad <br> Baked beans <br> Sweetcorn | Coleslaw <br> Mixed salad <br> Baton carrots <br> Broccoli | Coleslaw Sweetcorn Mixed salad | Baked beans <br> Coleslaw <br> Mixed salad |
| DESSERT | Chocolate muffin Coconut cookie | Banana \& oat cookie <br> Rice krispie cookie | Apple sponge \& Custard <br> Cherry Shortbread | Chocolate brownie <br> Fruit \& granola with yoghurt | Haystacks <br> Ice cream |
| All SET MEALS £2.34, THIS INCLUDES EITHER A PUDDING OR A DRINK. JACKET POTATOES 70P, JACKET POTATO CHEESE AND BEANS £2 <br> SANDWICHES $£ 1.70$ SALAD BAR $£ 1$ \& PASTA KING BAR AVAILABLE DAILY $£ 2$ |  |  |  |  |  |
| FRUIT \& YOGURT AVAILABLE DAILY |  |  |  |  |  |

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[^0]:    SJN - Menu (April 2022)

